

# Non-Violence Pledge Art Project

Place your hands next to each other with your thumbs overlapping. Your thumbs will form a bird's head, and the rest of your hand will be the bird's wings. Kindly ask your partner to trace the outline of your hands. Then, inside the bird's outline, draw and color the things you love. This can be anything you want: your family, your favorite foods, your pets, anything! Always act with the things you love in mind. If you center your actions around what you love, there will never be room for anger, violence, and guns.

