

National Paella Day

Fun Facts About Paella:

1. Paella (pronounced “pah/EH/yah”) is a one of the best-known dishes in Spanish cuisine and originated in the Valencia region of Spain
2. Paella means “frying pan” and refers to the wide, shallow traditional pan used to cook the dish
3. The main ingredients used to make paella are rice, saffron (which gives the rice a yellow color), chorizo sausage, vegetables, and chicken, shrimp, and mussels
4. Paella was originally a lunchtime meal served to farmers and farm workers in the rice fields.

Celebrate Paella Day by coloring the paella below.

